



## CAMP INFORMATION

### DROP-OFF and PICK-UP

Drop-off and pick-up at 160 Erskine Avenue.

- Drop-off 15 minutes before start time
- Pick-up 15 minutes after end time

At the end of the day, campers may leave unattended if given permission in the form of a signed note from their parent/caregiver.

Campers who arrive early or depart late may wait in our front lobby unattended (in the latter case until their parent/caregiver arrives).

Please call or text 416-485-6562 if your child is ill and will not attend .

### REQUIRED SUPPLIES

Your tuition includes a compass, notebook, pencil, and entrance fees (ROM etc.).

Below is a list of supplies you will need to participate in this camp.

- o Tablet or cell phone – **fully charged each day**—with protective case.
- o Earbuds or headphones
- o [Zenbeats](#) installed on device (iOS, Android)
- o Create a [Roland account](#)
- o Backpack
- o Well-fitting, comfortable, durable shoes - recommended are runners or light day-hikers
  - Daily hikes are 2 - 10 km. in length and proper footwear is essential.
- o Weather-appropriate clothing
  - Recommended are light colours, wicking fabrics, loose designs.
  - Sport socks (synthetic or wool, well-fitting, not loose).
  - Bandana – to soak in water and wear around neck for cooling.
  - Check the weather each morning before you leave and *dress appropriately!*
- Bathing suit
- Rain jacket
- Sun-blocking hat that can get wet - wide-brimmed is best

- Small towel - quick-dry is best
- Large Ziploc bag to carry wet clothing
- Sunscreen
  - Recommended is any type that is easy to self-apply.
  - At least SPF 30
- Small tissue pack
- Small hand sanitizer
- Water bottle
- Snacks and lunch
  - Recommended snacks are heat-friendly, easily eaten on the go, and are high in healthy fats, carbohydrates, protein, and calories. Salty snacks like pretzels are a good addition.
  - Electrolyte powder or tabs to add to water. Recommended are sports-type, caffeine-free. Brands include Gatorade and Nuun.
  - Recommended food containers are soft and re-usable, such as Ziploc, silicone, or cloth. Too many hard containers can poke the hiker in the back. Re-usable containers limit waste.
  - Clean and refill your water bottle every day.
- Loaded Presto card for ages 13 and up (or correct change).

## **CANCELLATIONS AND REFUNDS**

If minimum registration is not met, a session will be cancelled. Full course refund, including the non-refundable registration fee, will be given to a camper enrolled in an under-subscribed session with the option to move to the other session, if the situation allows.

Withdrawals, written in an email to [SoundCatchersCamp@outlook.com](mailto:SoundCatchersCamp@outlook.com), are accepted no later than one week before your session.

After withdrawal, course fees will be refunded, less the non-refundable registration deposit.

Once a session has begun, no refund will be given.

## **TRANSFERS**

Registration is transferrable. The deadline for transfers is 12:00 p.m. (noon) the day before a session starts.

**AVILA LOTOSKI MUSIC STUDIO**

Avila.Lotoski@hotmail.com 416-485-6562